

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Wibaut Annouck HEADCOACH

Coaches: Terryen Julien

Coaches: Cornelis Isaac

Coaches: Cornelis Jan Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:2, starttime: 09:01
Heat: 2/11 Lane : 8 Athlete: DELEUZE KATO			Q-time: 00:56:14
PB (25m pool): 00:56.14 Mons 27/06/2026			PB (50m pool): 00:59.71 SB: no time
	2 5 M	5 0 M	
PB		00:56.14	
		00:56.14	
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:3, starttime: 09:03
Heat: 3/11 Lane : 1 Athlete: VINOIS ANYSSiA			Q-time: 00:51:59
PB (25m pool): 00:51.59 Sinbad 05/10/2025			PB (50m pool): 00:47.97 SB: no time
	2 5 M	5 0 M	
PB		00:51.59	
		00:51.59	
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:4, starttime: 09:04
Heat: 4/11 Lane : 9 Athlete: VERHELST LOLA			Q-time: 00:48:63
PB (25m pool): 00:48.23 EEKLO 04/10/2026			PB (50m pool): 00:49.00 SB: 00:48.23 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:48.23	
		00:48.23	
			

Coach feedback:

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Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:7, starttime: 09:08
Heat: 7/11 Lane : 1 Athlete: MERTENS XIANA			Q-time: 00:42:87
PB (25m pool): 00:42.17 EEKLO 04/10/2026			PB (50m pool): 00:42.92 SB: 00:42.17 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:42.17	
		00:42.17	
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:5, starttime: 09:19
Heat: 5/10 Lane : 4 Athlete: CASIER JARNE			Q-time: 00:42:27
PB (25m pool): 00:38.19 EEKLO 04/10/2026			PB (50m pool): 00:40.10 SB: 00:38.19 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:38.19	
		00:38.19	
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:8, starttime: 09:22
Heat: 8/10 Lane : 8 Athlete: DE VLIEGER ELIOTT			Q-time: 00:35:70
PB (25m pool): 00:35.70 Mons 27/06/2026			PB (50m pool): 00:37.37 SB: no time
	2 5 M	5 0 M	
PB		00:35.70	
		00:35.70	
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:9, starttime: 09:23
Heat: 9/10 Lane : 7 Athlete: VAN DAELE NAND			Q-time: 00:34:43
PB (25m pool): 00:33.57 EEKLO 04/10/2026			PB (50m pool): 00:35.11 SB: 00:33.57 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:33.57	
		00:33.57	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:10, starttime: 09:24
Heat: 10/10 Lane : 9 Athlete: BONNARENS DRIES			Q-time: 00:35:80
PB (25m pool): 00:34.15 EEKLO 04/10/2026			PB (50m pool): 00:34.71 SB: 00:34.15 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:34.15	
		00:34.15	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:2, starttime: 09:26
Heat: 2/16 Lane : 3 Athlete: DEKEYSER ESTELLE			Q-time: 00:40:29
PB (25m pool): 00:40.29 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:38.13 SB: no time
	2 5 M	5 0 M	
PB		00:40.29	
		00:40.29	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:3, starttime: 09:28
Heat: 3/16 Lane : 2 Athlete: DHOOGHE FELIZ			Q-time: 00:37:28
PB (25m pool): 00:35.40 EEKLO 04/10/2026			PB (50m pool): 00:36.40 SB: 00:35.40 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:35.40	
		00:35.40	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:3, starttime: 09:28
Heat: 3/16 Lane : 6 Athlete: VERHELST LOLA			Q-time: 00:37:24
PB (25m pool): 00:36.67 EEKLO 04/10/2026			PB (50m pool): 00:36.53 SB: 00:36.67 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:36.67	
		00:36.67	
			

Coach feedback:

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Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:5, starttime: 09:30
Heat: 5/16 Lane : 7 Athlete: TABARY OCTAVIE			Q-time: 00:35:19
PB (25m pool): 00:35.19 Mons 27/06/2026			PB (50m pool): 00:36.37 SB: no time
	2 5 M	5 0 M	
PB		00:35.19	
		00:35.19	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:10, starttime: 09:35
Heat: 10/16 Lane : 7 Athlete: CARDON QIETTA			Q-time: 00:31:38
PB (25m pool): 00:31.38 Eeklo 21/09/2025			PB (50m pool): 00:31.34 SB: no time
	2 5 M	5 0 M	
PB		00:31.38	
		00:31.38	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:14, starttime: 09:38
Heat: 14/16 Lane : 4 Athlete: MALFAIT LIZANNA (LIZI)			Q-time: 00:27:59
PB (25m pool): 00:27.59 Mons 27/06/2026			PB (50m pool): 00:28.33 SB: no time
	2 5 M	5 0 M	
PB		00:27.59	
		00:27.59	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:16, starttime: 09:40
Heat: 16/16 Lane : 3 Athlete: BEIJNSBERGER MARE			Q-time: 00:27:83
PB (25m pool): 00:27.12 EEKLO 04/10/2026			PB (50m pool): 00:27.21 SB: 00:27.12 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:27.12	
		00:27.12	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:6, starttime: 09:46
Heat: 6/13 Lane : 3 Athlete: VRAMBOUT MAURICE			Q-time: 00:30:53
PB (25m pool): 00:30.16 EEKLO 04/10/2026			PB (50m pool): 00:30.91 SB: 00:30.16 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:30.16	
		00:30.16	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:10, starttime: 09:50
Heat: 10/13 Lane : 5 Athlete: VAN DAELE NAND			Q-time: 00:27:68
PB (25m pool): 00:27.68 Mons 27/06/2026			PB (50m pool): 00:28.27 SB: 00:28.14 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:27.68	
		00:27.68	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:11, starttime: 09:51
Heat: 11/13 Lane : 5 Athlete: VAN DAELE DAAN			Q-time: 00:25:47
PB (25m pool): 00:25.44 EEKLO 04/10/2026			PB (50m pool): 00:25.90 SB: 00:25.44 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:25.44	
		00:25.44	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:11, starttime: 09:51
Heat: 11/13 Lane : 9 Athlete: BLOMMAERT CÉLIAN			Q-time: 00:27:58
PB (25m pool): 00:27.58 Mons 27/06/2026			PB (50m pool): 00:28.29 SB: 00:28.11 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:27.58	
		00:27.58	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:1, starttime: 09:53
Heat: 1/11 Lane : 2 Athlete: VINOIS ANYSSIA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:1, starttime: 09:53
Heat: 1/11 Lane : 3 Athlete: DELEUZE KATO			Q-time: 01:00:65
PB (25m pool): 00:49.73 EEKLO 04/10/2026			PB (50m pool): 00:51.28 SB: 00:49.73 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:49.73	
	00:49.73		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:2, starttime: 09:55
Heat: 2/11 Lane : 0 Athlete: DHOOGHE FELIZ			Q-time: 00:49:58
PB (25m pool): 00:49.58 Ronse 17/03/2024			PB (50m pool): 00:52.42 SB: no time
	2 5 M	5 0 M	
PB		00:49.58	
	00:49.58		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:2, starttime: 09:55
Heat: 2/11 Lane : 6 Athlete: VANDENHOUCKE ALAÏS			Q-time: 00:45:35
PB (25m pool): 00:41.20 EEKLO 04/10/2026			PB (50m pool): 00:42.62 SB: 00:41.20 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:41.20	
	00:41.20		
			

Coach feedback:

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Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:3, starttime: 09:56
Heat: 3/11 Lane : 5 Athlete: TABARY OCTAVIE			Q-time: 00:40:95
PB (25m pool): 00:35.99 EEKLO 04/10/2026			PB (50m pool): 00:40.95 SB: 00:35.99 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:35.99	
		00:35.99	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:7, starttime: 10:01
Heat: 7/11 Lane : 1 Athlete: CARDON QIETTA			Q-time: 00:35:37
PB (25m pool): 00:35.37 LEUVEN 23/11/2025			PB (50m pool): 00:34.78 SB: no time
	2 5 M	5 0 M	
PB		00:35.37	
		00:35.37	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:8, starttime: 10:02
Heat: 8/11 Lane : 4 Athlete: VAN OOTEGHEM KYANA			Q-time: 00:33:16
PB (25m pool): 00:33.16 Sinbad 22/07/2025			PB (50m pool): 00:33.10 SB: 00:33.65 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:33.16	
		00:33.16	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:3, starttime: 10:20
Heat: 3/11 Lane : 7 Athlete: DEKEYSER ESTELLE			Q-time: 00:47:32
PB (25m pool): no time			PB (50m pool): 00:47.32 SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Event number: 7: 50M BACKSTROKE WOMEN 11-17										Heat:5, starttime: 10:24	
Heat: 5/11 Lane : 3 Athlete: MERTENS XIANA										Q-time: 00:40:77	
PB (25m pool): 00:40.77 Sint-Amandsberg 19/10/2025										PB (50m pool): 00:38.92SB: no time	
	2 5 M		5 0 M								
PB			00:40.77								
			00:40.77								
											

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17										Heat:11, starttime: 10:32																																							
Heat: 11/11										Lane : 3										Athlete: BEIJNSBERGER MARE										Q-time: 00:31:61																			
PB (25m pool): 00:30.67										EEKLO 04/10/2026										PB (50m pool): 00:30.63										SB: 00:30.67										EEKLO 04/10/2026									
		2 5 M				5 0 M																																											
PB						00:30.67																																											
		00:30.67																																															
																																																	

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17						Heat:1, starttime: 10:47		
Heat: 1/12 Lane : 4 Athlete: VINOIS ANYSSiA						Q-time: 99:99:99		
PB (25m pool): no time						PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:2, starttime: 10:55	
Heat: 2/12 Lane : 3 Athlete: VERHELST LOLA							Q-time: 06:44:27	
PB (25m pool): no time			PB (50m pool): 06:44.27 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:3, starttime: 11:02	
Heat: 3/12 Lane : 3 Athlete: DELEUZE KATO							Q-time: 06:25:18	
PB (25m pool): 06:25.18 Meulebeke 10/05/2026				PB (50m pool): 07:11.50 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:27.17		no time		03:09.51
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:25.18
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:3, starttime: 11:02	
Heat: 3/12 Lane : 7 Athlete: DEKEYSER ESTELLE							Q-time: 06:25:71	
PB (25m pool): no time			PB (50m pool): 06:25.71 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:5, starttime: 11:16	
Heat: 5/12 Lane : 4 Athlete: DHOOGHE FELIZ							Q-time: 05:42:84	
PB (25m pool): 05:42.84 Meulebeke 10/05/2026				PB (50m pool): 05:55.52 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:22.76		no time		02:51.21
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:42.84
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:6, starttime: 11:22	
Heat: 6/12 Lane : 8 Athlete: VANDENHOUCKE ALAÏS							Q-time: 05:37:84	
PB (25m pool): 05:22.55 EEKLO 04/10/2026				PB (50m pool): 05:46.87 SB: 05:22.55 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:17.25		no time		02:39.96
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:22.55
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:7, starttime: 11:28	
Heat: 7/12 Lane : 1 Athlete: TABARY OCTAVIE							Q-time: 05:31:85	
PB (25m pool): 05:31.85 Mons 27/06/2026				PB (50m pool): 05:30.81 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.15		01:17.62		01:59.18		02:40.94
	00:37.15		00:40.47		00:41.56		00:41.76	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:23.52		04:07.03		04:49.98		05:31.85
	00:42.58		00:43.51		00:42.95		00:41.87	
								

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:7, starttime: 11:28	
Heat: 7/12 Lane : 7 Athlete: MERTENS XIANA							Q-time: 05:30:82	
PB (25m pool): 05:18.51 EEKLO 04/10/2026				PB (50m pool): 05:49.11SB: 05:18.51 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.42		no time		02:36.77
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:18.51
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:10, starttime: 11:46	
Heat: 10/12 Lane : 6 Athlete: CARDON QIETTA							Q-time: 04:57:05	
PB (25m pool): 04:57.05 Meulebeke 10/05/2026				PB (50m pool): 05:09.20 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:09.80		no time		02:25.19
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:57.05
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:11, starttime: 11:51	
Heat: 11/12 Lane : 9 Athlete: VAN OOTEGHEM KYANA							Q-time: 04:55:85	
PB (25m pool): 04:55.85 T ROSCO 12/10/2025				PB (50m pool): 05:01.40SB: 05:05.11 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.92		01:09.70		01:46.70		02:24.25
	00:33.92		00:35.78		00:37.00		00:37.55	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:02.05		03:40.32		04:18.53		04:55.85
	00:37.80		00:38.27		00:38.21		00:37.32	
								

Coach feedback:

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Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:12, starttime: 11:57	
Heat: 12/12 Lane : 3 Athlete: MALFAIT LIZANNA (LIZI)							Q-time: 04:39:66	
PB (25m pool): 04:39.66 T ROSCO 12/10/2025				PB (50m pool): 04:44.79SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:30.40		01:05.52		01:41.55		02:17.23
	00:30.40		00:35.12		00:36.03		00:35.68	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:53.93		03:30.07		04:05.80		04:39.66
	00:36.70		00:36.14		00:35.73		00:33.86	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:5, starttime: 12:30	
Heat: 5/10 Lane : 8 Athlete: VRAMBOUT MAURICE							Q-time: 05:23:11	
PB (25m pool): 05:06.88 EEKLO 04/10/2026				PB (50m pool): no time SB: 05:06.88 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:12.45		no time		02:31.07
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:06.88
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:6, starttime: 12:36	
Heat: 6/10 Lane : 3 Athlete: CASIER JARNE							Q-time: 05:06:43	
PB (25m pool): 04:52.29 EEKLO 04/10/2026				PB (50m pool): 05:08.67 SB: 04:52.29 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.69		no time		02:25.61
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:52.29
								

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:7, starttime: 12:41	
Heat: 7/10 Lane : 6 Athlete: BONNARENS DRIES							Q-time: 04:58:83	
PB (25m pool): 04:58.83 Sint-Amandsberg 19/10/2025				PB (50m pool): 05:13.46SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.21		01:10.36		01:48.65		02:26.99
	00:33.21		00:37.15		00:38.29		00:38.34	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:05.95		03:44.60		04:22.58		04:58.83
	00:38.96		00:38.65		00:37.98		00:36.25	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:8, starttime: 12:47	
Heat: 8/10 Lane : 1 Athlete: BLOMMAERT CÉLIAN							Q-time: 04:50:78	
PB (25m pool): 04:50.78 Meulebeke 10/05/2026				PB (50m pool): 05:08.18SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.23		no time		02:24.02
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:50.78
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:8, starttime: 12:47	
Heat: 8/10 Lane : 5 Athlete: DE VLIAGER ELIOTT							Q-time: 04:44:31	
PB (25m pool): 04:44.31 Meulebeke 10/05/2026				PB (50m pool): 05:04.10SB: 04:53.87 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:06.57		no time		02:19.28
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:44.31
								

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:8, starttime: 12:47	
Heat: 8/10 Lane : 6 Athlete: VAN DAELE NAND							Q-time: 04:46:60	
PB (25m pool): 04:46.60 LAGO Zwevegem 25/05/2026				PB (50m pool): 05:03.15SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.38		01:07.04		01:43.09		02:19.11
	00:31.38		00:35.66		00:36.05		00:36.02	
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:56.14		03:33.87		04:11.33		04:46.60
	00:37.03		00:37.73		00:37.46		00:35.27	
	...	...	...	...	...	...	...	...

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:10, starttime: 12:57	
Heat: 10/10 Lane : 3 Athlete: VAN DAELE DAAN							Q-time: 04:16:24	
PB (25m pool): 04:16.24 Sint-Amandsberg 19/10/2025				PB (50m pool): 04:22.27 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:28.82		01:00.70		01:33.16		02:06.28
	00:28.82		00:31.88		00:32.46		00:33.12	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:39.10		03:12.23		03:45.17		04:16.24
	00:32.82		00:33.13		00:32.94		00:31.07	
								

Coach feedback: